

Curriculum Vitae

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Identifying Information

Name: **Mark Leon Willenbring** Citizenship: USA

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Current Positions

Founder and CEO, Alltyr: Transforming Treatment for Addictions, St. Paul, MN
President, Alltyr Clinic, St. Paul, MN
Staff Psychiatrist, United Hospital, St. Paul

Adjunct Professor of Psychiatry
University of Minnesota

Education

College	1967 - 70	University of Minnesota, Minneapolis Pre-med: Biochemistry/Sociology
Medical School	1970 - 74	University of Minnesota, Minneapolis MD June, 1974
Internship	1974 - 75	St. Paul-Ramsey Medical Center, St. Paul Rotating Internship
Residency	1977 - 80	University of California, Davis General Psychiatry
Social Science Research Fellowship	1980 - 82	Department of Psychiatry, University of Wisconsin, Madison

Professional Experience

- 2009- Founder and CEO, Alltyr: Transforming Treatment for Addiction
- 2009 - President, Alltyr Clinic, St. Paul, MN
- 2009 - Staff Psychiatrist, United Hospital and Clinic, St. Paul, MN
- 2009 - Private practice of general, addiction and forensic psychiatry, St. Paul, MN
- 2010- 12 Contractor to Minnesota Department of Human Services to implement screening, evaluation and treatment for heavy drinking in primary care clinics
- 2009- 13 Consultant to the National Institute on Alcohol Abuse and Alcoholism
- 2004 - 09 Director, Division of Treatment & Recovery Research, NIAAA/NIH
- 2006 - 09 Director, Alcohol and Substance Use Evaluation and Treatment (ASSET) Clinic, Department of Psychiatry, Medical Faculty Associates, George Washington University School of Medicine, Washington, DC
- 2005 - 09 Clinical Professor of Psychiatry, George Washington University School of Medicine
- 2007 - 09 Private practice of general and addiction psychiatry, Ross Center, Washington, DC
- 1991 - 2004 Director, Addictive Disorders Section, VA Medical Center, Minneapolis
- 1996 - 97 Assistant Chief, Psychiatry Service, VA Medical Center, Minneapolis
- 1996 - 97 Acting Chief, Psychiatry Service, VA Medical Center, St. Cloud, MN
- 1990 - 91 Chief, Section of Dual Diagnosis and Other Special Addiction Programs, VA Medical Center, Minneapolis
- 1989 -93 Director, University of Minnesota/VA Addiction Medicine Fellowship Program
- 1987 - 90 Director, Alcohol Problems Clinics, VA Medical Center
- 1982 - 91 Staff Psychiatrist and Research Director, Substance Use Disorders, VA Medical Center, Minneapolis
- 1980 - 82 Medical Director, Dane County Alcohol Detoxification Unit, Madison, Wisconsin
- 1980 - 82 Staff Psychiatrist, Dane County Mental Health Center, Madison, Wisconsin
- 1977 - 80 Staff Physician, Ambulatory Services, Kaiser Medical Center, Sacramento, California
- 1977 Staff Physician, Department of Critical Care, University of California Medical Center, Sacramento, California
- 1976 Medical Director, Southside Community Clinic, Minneapolis
- 1976 Medical Co-Director, Seward Community Clinic, Minneapolis
- 1975 - 76 Staff Physician, Department of Emergency Medicine, St. Paul-Ramsey Medical Center, St. Paul

Licensure and Certification

Medical Licensure:

Minnesota: No. 22040

Diplomate, National Board of Medical Examiners, 1975

Diplomate, American Board of Psychiatry and Neurology:

Board Certified in General Psychiatry, 1984, #26183

Added Qualifications in Addiction Psychiatry, 1992, #469, Recertified 2003

Added Qualifications in Forensic Psychiatry, 1998, #554

Professional Associations

American Psychiatric Association (Distinguished Fellow)

American Academy of Addiction Psychiatry (Founding Member)

American Society of Addiction Medicine

Research Society on Alcoholism

Honors

2014 – Named “Best Doctor” for psychiatry in

1999 - Listed in “Best Doctors in America”

2002 - Listed in “Guide to America’s Top Psychiatrists” published by the Consumers’
Research Council of America

2009 Marty Mann Founder’s Award,
National Council on Alcoholism and Drug Dependence

2008 Certificate for Outstanding Contributions to Advancing the Understanding of
Addictions, Division 50, American Psychological Association Annual Meeting,
Boston, MA

2008 NIH Director’s Award for HBO Addiction Special Documentary and Book

2007 Emmy Award to NIAAA, NIDA and HBO for HBO Addiction Special
Documentary Series and Book

2006 NIH Plain Language Award, Outstanding Category ((*NIAAA Clinicians Guide*)

2006 Award for Distinguished Technical Communication from the Society for
Technical Communication, Washington, DC Chapter (*NIAAA Clinicians Guide*)

2006 Award of Excellence, International Technical Communication Competition,
Society for Technical Communication (*NIAAA Clinicians Guide-v.2005*)

2001 Distinguished Fellow, American Psychiatric Association

2000 Life Member, National Registry of Who’s Who, #133313

1997 Network Director’s Award for Excellence, VA Upper Midwest Network

1997 Selected for “Leadership VA”, a national leadership training program

1993 Sabbatical Award, Department of Veterans Affairs

- 1992 Best paper presented at the Topical Interest Group for Qualitative Methods, “Evaluation 91” meeting, Chicago, IL
- 1990 Harold P. Lawn Award for Best Paper by a Junior Faculty Member, University of Minnesota Department of Psychiatry
- 1989 GEICO Federal Public Service Award for Alcoholism Prevention and Treatment

Social Media

Blog: Substance Matters: Science and Addiction, <http://www.mattsub.blogspot.com>

Twitter: @AddictionDrW

Selected Teaching, Lectures, and Media Appearances

- 2014 Quoted in “A Prescription to End Drinking,” Wall Street Journal, 12/16/14
- 2014 “For Addicts, There May Be Another Road to Wellness,” NPR Weekend Edition, 06/08/14
- 2013 Interviewed on Doctor Radio, SiriusXM Radio Channel 81, 12/09/13
- 2013 Featured in “Heroin at Home,” a documentary by Twin Cities Public Television on the heroin epidemic in Minnesota
- 2013 “Addressing Substance Use Throughout Healthcare Systems,” Sheppard-Pratt Health System, Towson, MD
- 2013 “Integrating Substance Use Services Into Medical Care,” University of Minnesota Neurology Grand Rounds, Minneapolis, MN
- 2013 Keynote address: “Successful Strategies for Integrating and Coordinating Care,” 2nd Annual Co-Occurring Disorders Conference, Univ. of MN Center for Mental Health, St. Paul, MN
- 2012- Developed and provided system-wide continuing medical education on pain management for all primary care providers and hospitalists in Allina Health, an integrated healthcare organization based in Minneapolis, MN
- 2012 - Seminars for psychiatry residents, University of Minnesota
- 2004 - 09 As part of my duties with NIAAA, I gave approximately 20-30 lectures or seminars per year to a wide variety of professional and lay audiences, at a national or international level. More details are available upon request.
- 2004 - 09 Organized annual symposium series at American Academy of Addiction Psychiatry and American Society of Addiction Medicine annual meetings
- 2008 Project Leader, principal author and co-director of video case series interactive online training program for health professionals, available at <http://www.niaaa.nih/guide>

- 2007 Extensive interviews included in HBO Addictions Special documentary, which also included consulting on a companion book. Multiple media and community organization events associated with this national enterprise.
- 2006 Management of Common Outpatient Medical Conditions II: Hypertension, hyperlipidemia, diabetes and obesity, American Academy of Addiction Psychiatry Annual Meeting, St. Pete Beach, FL
- 2006 Chair, Workshop on Quality Improvement for Addiction Psychiatrists, American Academy of Addiction Psychiatry Annual Meeting, St. Pete Beach, FL
- 2006 Mechanisms of Behavior Change, German Addiction Research Consortium, Dresden, Germany
- 2006 Organizer, NIAAA Research Track for the American Psychiatric Association Annual Scientific Meeting. Activities included organizing multiple symposia, lectures, workshops and forums; overseeing development of brochure and public relations materials; and serving as chair for a workshop, a forum and a symposium.
- 2006 Implementation of Evidence-Based Practices, American Society of Addiction Medicine Annual Scientific Meeting, San Diego, CA
- 2006 Implementation and Adoption of Medications to Treat Alcohol Dependence, American Society of Addiction Medicine Annual Scientific Meeting, San Diego, CA
- 2006 Co-chair, Medications Development From the Bench to the Patient Symposium, American Society of Addiction Medicine Annual Scientific Meeting, San Diego, CA
- 2006 Implementation: Who, What, When, Where and How? Joint Meeting on Adolescent Treatment Effectiveness Annual Meeting, Baltimore, MD
- 2006 Invited lecture: Annual Isadore Tuerk Lecture: Every Psychiatrist's Job: Addressing Heavy Drinking in Psychiatric Practice, University of Maryland, Baltimore, MD
- 2006 Workforce Development: Creating a 21st Century Treatment System. NCADD National Leadership Meeting, Washington, DC
- 2005 - 2006 Addiction Psychiatry Seminar Series, Department of Psychiatry, George Washington University School of Medicine, Washington, DC
- 2005 New Directions in Alcohol Research, German Addiction Research Consortium, Mannheim, Germany
- 2005 Clinical Research on Alcohol Use Disorders: Future Directions, Plenary Speaker, European Society on Biomedical Research on Alcoholism, Canterbury, England
- 2005 Update on Research on Alcohol Use Disorders, Addiction Society of Spain, Logrono, Spain
- 2005 Organized and chaired symposia and satellite symposia on Alcohol Research at International Society of Addiction Medicine Scientific Meeting, Buenos Aires and Mar Del Plata, Argentina

- 2003 Integrating Care for Patients with HCV and Co-Morbidities: Conceptual Issues. Invited Presentation, NIDA Conference on Integrated Care Models for Patients with Hepatitis C and Drug Abuse, Washington, DC
- 2003 Integrating Care for Patients with Complex Problems, Invited Presentation, NIMH meeting on Integrating Care for Patients with HIV/HCV Co-Infections, Washington, DC
- 2002 -2004 Senior author, manual for screening and management of psychiatric and substance use disorders in patients with hepatitis C, Minneapolis VA Hepatitis C Resource Center
- 2002 Organizer and Faculty, Update on Hepatitis C and Psychiatric and Addictive Disorders, American Academy of Addiction Psychiatry 2002 Annual Scientific Meeting, Las Vegas, NV
- 2002 - Faculty for ongoing series of preceptorships on implementing best practices in treatment for hepatitis C, Minneapolis VAMC Hepatitis C Resource Center
- 2002 Treatment of Co-existing Mental and Addictive Disorders, Salt Lake City VA Medical Center, Salt Lake City, Utah (1.5 day program)
- 2002 Keynote speaker, Innovative Judicial Interventions for Chemical Health, Sponsored by the Minnesota Supreme Court, St. Cloud, MN
- 2002 Assessment of Psychiatric and Substance Use Disorders in HCV Patients. Hepatitis C Update, San Francisco VA Hepatitis C Center of Excellence, San Francisco, CA
- 2001 Planning Committee and Faculty, VA Satellite Teleconference on Implementation of the VA Clinical Practice Guideline for the Management of Substance Use Disorder
- 2001 Planning Committee, VA Satellite Teleconference on the Addiction Severity Index
- 2001 Co-Occurring Disorders for the Mental Health PSL in VISN 20 (Portland, OR), Day-long program
- 2001 Current Legal Issues in Chemical Dependency. Hennepin County Bar Association CLE program
- 2001 Treatment of Alcohol and Drug Problems in the Elderly. Fountain Centers, Minneapolis, MN
- 2001 Management for Chronic Addictive Disorders: Harm Reduction in Action. CME Inc., conference, Key West, FL
- 2000 Practical Harm Reduction in the Clinical Setting, American Academy of Addiction Psychiatry Annual Meeting, Phoenix, AZ
- 1999 Issues of Cost and Personal Responsibility in the Care of Addicted Persons. Ethical Issues Within the Continuum. Veterans Health Administration National Ethics Conference. Minneapolis, MN
- 1999 What's New in Addiction Treatment. North Dakota Summit on Alcohol and Drug Abuse, Mandan, ND

- 1998 - Ethics for Psychiatrists, a 6-week course for psychiatry residents, UM
- 1997- 98 Depression CD-ROM Advisory Group, DVA Employee Education System
- 1996 Planning Committee, VA National Research Conference on Substance Abuse
- 1996 Planning Committee for a series of 3 national teleconferences within VA addressing clinical algorithms and practice guidelines, ambulatory care in addictions, and primary care approaches
- 1996 - 8 Organizer of an all-day workshop, “New Approaches in Addictive Disorders,” University of Minnesota Office of Continuing Medical Education
- 1996 Organized and taught an undergraduate colloquium for College of Liberal Arts Honors Students, entitled, “Drug Policy: What are the options?”
- 1996 Organized and coordinated three teleconference segments from Minneapolis VAMC on Ambulatory Approaches to Addictive Disorders and Primary Care Approaches to Addictive Disorders
- 1996 “Use of the primary care relationship in treating alcohol problems”. Palo Alto VA Medical Center, 1996
- 1996 “Update on Addictive Disorders in Primary Care,” Family Practice Update series, University of Minnesota Office of Continuing Medical Education
- 1996 “Treatment Planning in Addictive Disorders”, Anchorage VA Medical Center
- 1996 “The Evolution of Addictions Treatment: How to Paradigm Shift Without Clutching,” Keynote Speaker, MN Annual Fall Chemical Dependency Conference, Minneapolis, MN
- 1996 “Primary Care Approaches to Addictive Disorders”, Family Practice Update, University of Minnesota Office of Continuing Medical Education
- 1996 “Primary Care and Addictive Disorders”, St. Cloud, MN, Regional Hospital
- 1996 “Integrated Outpatient Care for Medically Ill Alcoholics”, in New Approaches in Addictive Disorders,, University of Minnesota Office of Continuing Medical Education
- 1995 Programmatic Applications in Patients Receiving Pharmacotherapy, Department of Veterans Affairs Teleconference.
- 1995 Case Management Applications in Substance Use Disorders, Department of Veterans Affairs Teleconference.
- 1994 Faculty for conference, Sinners, Saints and Health Care: Individual Responsibility for Health--Ethical, Legal, and Economic Questions, University of Minnesota, Minneapolis, MN
- 1994 “What’s Research Got to Do With It, I’ve Got Patients to Treat”, invited presentation at the Minnesota Fall CD Conference, Bloomington, MN
- 1994 “Preventing Substance Problems in the Elderly”, presented at It’s Not Too Late: Preventing Substance Abuse Among the Elderly, Seattle, WA

- 1993 Faculty for Symposium on Brief Interventions for Alcohol Problems in Primary Care, AW Graham, M.D., Chair, American Society of Addiction Medicine Annual Meeting, Los Angeles, CA
- 1992 Faculty for Symposium on Alcohol Problems of the Elderly, Research Society on Alcoholism, San Diego, CA
- 1991 Selected by National Institute on Alcohol Abuse and Alcoholism to train new demonstration project grantees in case management techniques and measurement.
- 1991 Faculty for Workshop in Early Identification and Intervention for Alcoholism and Hazardous Drinking, AW Graham, M.D., Workshop Director, American Society of Addiction Medicine 1991 Annual Meeting, Boston, MA.
- 1990 - 91 Member, National Addiction Medicine Fellowship Steering Committee, American Society of Addiction Medicine
- 1990 Trainer, National Institute on Alcohol Abuse and Alcoholism Technical Assistance Workshops on Case Management, Innovative Interventions, and Special Populations
- 1989 -93 Director, University of Minnesota/VAMC Addiction Medicine Fellowship
- 1987 - 88 Indian Health Service Curriculum Development for Training IHS Providers in Alcohol/Drug Problems
- 1986 Workshop Series on Alcohol and Drug Problems in the Elderly for the State of Wisconsin
- 1985 - Faculty Advisor to Students in Psychiatry
- 1984 - Faculty member, UM/VAMC Addiction Medicine Fellowship, with clinical supervision, administration, and didactic instruction.
- 1983 - Psychotherapy Supervision of Residents
- 1983 - Multiple workshops on Substance Problems in the Elderly, Locally, Regionally, and Nationally

Leadership and Administration

- 2009- Founder and CEO, Alltyr: Transforming Treatment for Addiction
- 2011- Director, Alcohol Program: Integrating Care for Alcohol-Related Conditions Across the Healthcare Organization, Allina Health, Minneapolis, MN
- 2012 - Member, NIAAA Advisory Group on Collaborative Research on Addiction at NIH
- 2010 - Member, MN DHS Health Services Advisory Committee
- 1999 - Member, Program Committees, American Academy of Addiction Psychiatry and American Society of Addiction Medicine
- 2008 - 09 NIH Steering Committee on Science of Behavior Change Roadmap Initiative
- 2004 - 09 Director, Division of Treatment and Recovery Research, NIAAA/NIH

2004 - 09 Chair, Mechanisms of Behavior Change Research Team, NIAAA/NIH

2005 - 09 NIH Liaison Committee with Center for Medicare and Medicaid Services

2004 - 08 NIH Steering Committee, Roadmap Initiative on Integrating Clinical Research Networks

1999- 04 Member, Public Policy Committee, American Academy of Addiction Psychiatry

2005 NIAAA Liaison to American Psychiatric Association regarding Practice Guidelines Development

2005 Member, NIAAA Work Group to Implement Reorganization Recommendations

1999- 2004 Member, Evidence-Based Practice Committee, American Academy of Addiction Psychiatry

1998 - 2004 National Clinical Coordinator and member, Executive Committee on Substance Abuse, VA Quality Enhancement Research Initiative (QUERI)

1997 - 2004 Co-Chair, Minnesota Psychiatric Society Ethics Committee

1984 - 2004 Integrated Addiction Psychiatry/Medicine Fellowship Group, UM Minneapolis

2002 - 2004 Co-Director, Minneapolis Hepatitis C Resource Center, MVAMC

1999 - 2003 Recertification Committee for Addiction Psychiatry Examination, American Board of Psychiatry and Neurology

2002 Member, Research and Collaboration Strategic Planning Group, Center for Chronic Disease Outcome Research, MVAMC

2002 Member, Task Force to develop a national VA practice guideline on opioid treatment for chronic pain (and Co-Editor of the Guideline)

1999- 2002 Chair of Research and Education Focus Group, VA Network 13 Mental Health Patient Service Line

1996-2001 Editorial panel of the Working Group developing VA Clinical Practice Guideline for the Management of Substance Use Disorders

1999-2000 Councilor, Minnesota Psychiatric Society

1999 Byrne Grant Advisory Board, UM Law School and MN Office of Drug Policy and Violence Prevention

1999 Chair, Internal MHBS PSL Reorganization Task Force, Minneapolis VAMC

1997 - 98 Department of Veterans Affairs Task Force to revise mental health program guide

1997 Chair, Task Force to develop practice guideline for detoxification for VA Upper Midwest Network

1997 Upper Midwest VA Network Mental Health Patient Line Planning Committee

1997 Leadership VA, a series of four, one-week training sessions in leadership for 70 emerging leaders within DVA nationally

1996 -7 Chair, Intoxicated Patient Task Force. Minneapolis VAMC

1996 -7 Acting Chief, Psychiatry Service, St. Cloud VAMC, helping to implement and refine reorganization of mental health services

- 1996 Co-Chair, Mental Health Cooperation Task Force, VA Network 13
- 1995 - 96 Led effort to develop, implement, and evaluate a practice guideline for alcohol detoxification, Minneapolis VAMC
- 1995 Department of Veterans Affairs, VISN 13 Substance Abuse Representative to VA headquarters and to VISN Director
- 1994 - 95 Department of Veterans Affairs Program Guide Task Force
- 1994 University of Minnesota Hospital and Clinic Hearing Panel to hear appeal of denial of hospital privileges
- 1992 - 2001 State Chair, American Society of Addiction Medicine
- 1991 - Chief, Addictive Disorders Section, Psychiatry Service, VAMC, Minneapolis
- 1991 Ad Hoc Faculty Retreat Planning Committee, VAMC, Minneapolis
- 1990 - 91 Chief, Section of Special Addictions Programs, VAMC, Minneapolis
- 1989 - 93 Director, University of Minnesota Addiction Medicine Fellowship
- 1989 "Executive Development Days", Management Training Seminar for Federal Managers, University of Minnesota
- 1987 - 91 Director, Alcohol Problems Clinics, VAMC, Minneapolis
- 1986 - 88 Residency Training Coordinator, VAMC, Minneapolis
- 1983 - 84 Quality Assurance Committee, VAMC, Minneapolis
- 1981 - 82 Second Year Committee, Department of Psychiatry, UW Madison
- 1980 - 82 Medical Director, Dane County Detoxification Center, Madison, WI
- 1979 - 80 Quality of Care Committee, UC Davis Medical Center
- 1979 - 80 Curriculum Planning in Psychiatry for UCD with Don Rockwell, M.D.
- 1978 - 79 Utilization Review Committee, UC Davis Medical Center
- 1977 - 80 Residency Training Committee, Department of Psychiatry, UCD
- 1976 Medical Director, Southside Community Clinic, Minneapolis
- 1971 Medical Student Representative to the Family Practice Committee of the Minnesota State Medical Association.
- 1970 - 71 Medical Student Council, University of Minnesota
- 1970 - 71 Medical School Representative to the Alcoholism and Drug Abuse Committee of the Minnesota State Medical Association

Research Experience and Activities

I have recently left NIH to establish ALATYR: An Initiative to Transform Treatment of Addictions in America. More than 90% of current US addiction treatment programs offer a model of treatment that was developed in the middle of the 20th Century. Consumers and their families lack access to up-to-date research-based addiction treatment. Fewer than 10% of people developing alcohol or drug dependence receive any specialty treatment at all. ALATYR is a

three-pronged initiative, consisting of 1) the Alcohol and Substance Use Screening, Evaluation and Treatment (ASSET) Clinic – a model program demonstrating how to implement evidence-based treatment that will also provide a site for professional education and clinical research, 2) the ALATYR Institute – a non-profit educational and research institute affiliated with the ASSET Clinic, and 3) the ALATYR Foundation, a national foundation to support education and research on implementation of evidence-based practices in addiction treatment.

As Director of the Division of Treatment and Recovery Research at the National Institute on Alcohol Abuse and Alcoholism, I was responsible for overseeing a grant portfolio that includes behavioral and medication treatment research and health services research. I was also responsible for determining research priorities in these areas for the Institute, and for disseminating this information and stimulating research applications. Prior to assuming the position at NIH, I conducted clinical and health services research concerning substance use disorders. I have focused on development and testing of treatment models for persons with multiple complex problems, such as homeless public inebriates and medically ill alcoholics. Most recently, I was involved in several efforts to examine guideline implementation in alcohol and drug treatment, and in a series of studies concerning the relationship of psychiatric and substance use disorders with hepatitis C and its treatment with interferon. Currently, my focus is on facilitating and stimulating research concerning treatment of and recovery from alcohol use disorders. Such research includes psychosocial, pharmacological, environmental, and health services approaches. Recent initiatives undertaken under my direction include developing a new infrastructure for medications trials to reduce time for product development, stimulating research on mechanisms of action in behavior change, integrating neuroscience, behavioral, and social research concerning alcohol use disorders, and stimulating research examining implementation of research findings in real-world settings.

Grants and Contracts

(I was Principal Investigator on all of the following, unless otherwise specified.)

Past Grants and Contracts

“Implementing Screening , Evaluation and Treatment for Heavy Drinking and Alcohol Dependence in Primary Care Practices,” Minnesota Department of Human Services, 2010-2012. \$100,000.

“Improving the Quality and Outcome of Substance Abuse Care,” Quality Enhancement Research Initiative (QUERI), Clinical Coordinator, Department of Veterans Affairs, grant # SUBQ-98-000-1; \$250,000, 10/1/98-9/30/04 (PI: John Finney, PhD)

“Improving Access to Effective Opioid Agonist Therapy,” Department of Veterans Affairs #SUT 01-305, \$412,000, 4/01-3/03. Principal Investigator.

“The Minneapolis VAMC Hepatitis C Resource Center,” Department of Veterans Affairs, Co-PI, (Samuel B. Ho, MD, Principal Investigator), \$3,000,000, 3/1/02-2/28/07.

"A Phase III, Multi-Center, Randomized, Double Blind, Placebo Controlled Study of the Efficacy and Safety of Medisorb Naltrexone in Alcohol Dependence Adults ALK21-003. Site PI. Alkermes, \$179,000, 4/02-4-03, Site Principal Investigator.

"Timing of Smoking Cessation in Alcohol Treatment", National Institute on Alcohol Abuse and Alcoholism, grant #1 R01 AA11124-01A1, Co-Principal Investigator (Anne Joseph, MD, MPH, Principal Investigator), \$1,086,400, 9/1/98-8/31/03.

Interpersonal and Neuroendocrine Correlates of Alcohol Dependence," Veterans Administration Research Advisory Group; \$25,000; 11/84 - 9/85.

"DARI: A Computerized Assessment and Referral Instrument for Alcohol Detoxification Centers", Office of Alcohol and Other Drug Abuse Programming, University of Minnesota; \$24,900; 8/1/83 - 6/30/84

"Lithium Treatment of Alcohol Dependence," VA Cooperative Study #228, Participating Investigator; \$120,000; 6/1/83 - 3/30/87

"Bromocriptine Treatment in Methadone Maintenance" Veterans Administration Research Advisory Group; \$53,000; 4/1/87 - 9/30/89; Co-investigator; William Spring, Jr., M.D., Principal Investigator.

"Community Treatment of the Chronic Public Inebriate," National Institute of Alcohol Abuse and Alcoholism, Grant #1, RI AA07930-01; \$798,000; 5/5/88 - 5/4/90; Joseph P. Whelan, MSSA, Co-Principal Investigator.

"Effectiveness of a Health Education Approach to Heavy Drinking Medical Patients", Veterans Affairs Research Advisory Group, \$49,800; 1/1/89 - 12/31/91; Co-investigator; Douglas H. Olson, Ph.D., Principal Investigator.

"A Health Education Approach to Heavy Drinkers in the Medical Setting", Alcoholic Beverage Medical Research Foundation, \$59,300; 1/1/89 - 12/31/91.

"Smoke-free Policy and Chemical Dependency Treatment Outcomes", Minnesota Medical Foundation; \$7800; 1/1/89 - 12/31/89; Co-Investigator; Anne M. Joseph, M.D., M.P.H., Principal Investigator.

"Case Management in Alcohol Dependence: Matching Techniques and Populations", National Institute of Alcohol Abuse and Alcoholism, Contract #89MF00933901D; \$9,900; 4/1/89 - 3/31/90.

"Community Treatment of the Chronic Public Inebriate", National Institute on Alcohol Abuse and Alcoholism, \$561,000; 5/1/90 - 9/30/91; Co-Principal Investigator with Joseph Whelan, M.S.S.A.

- “Prevention and Treatment of Hypertension (PATHS), VA Cooperative Study #996, Participating Investigator, \$277,000, 6/1/91 - 12/31/94, Jordan Holtzman, M.D., Ph.D., Co-Participating Investigator.
- “Effectiveness of Outpatient Care for Alcohol Related Disorders”, Department of Veterans Affairs Health Services Research and Development Project IIR #914-065, \$259,000, 10/1/91 - 9/30/96
- “Service Utilization Patterns of Public Inebriates”, Department of Human Services, Chemical Dependency Program Division, State of Minnesota, \$21,452, 11/1/91 - 9/30/92, Frank Miller, Ph.D., Elgie Raymond, M.A., and Paul Spicer, M.A., Co-investigators.
- “How Do Sponsors Help Newcomers in Alcoholics Anonymous?”, National Institute on Alcohol Abuse and Alcoholism, \$99,000, 5/94 - 7/96.
- “Services for Chronic Alcoholics: Background, overview, and policy analysis,” Contract with Division of Chemical Dependency, Department of Human Services, State of Minnesota, \$5,000, 1994-5
- “The Open Debate Project: Facilitating Public Dialogue About Drug Policy,” Minnesota Office of Drug Policy and Violence Prevention, Department of Children and Family Services, State of Minnesota, \$25,000, 8/1/97-9/30/98.
- “Implementation of Brief Interventions for Heavy Drinkers,” Department of Veterans Affairs grant #SUI 99113-1, Co-Investigator, Kristen Barry, PhD, Principal Investigator, \$143,000, 4/2000-9/2001.
- “Neuropsychiatric Symptoms in Hepatitis C and Interferon Alpha Treatment” Schering Corporation, \$44,000; Co-investigator, Eric Dieperink, MD, Principal Investigator
- “Prevalence of Psychiatry Disorders Among Drug Court Probationers: A Pilot Study” Private Donor, \$10,000, 3/2000 – 12/2000.
- “The Safety and Efficacy of Naltrexone in the Treatment of Alcohol Dependence,” Drug Abuse Sciences, Inc., site PI, \$128,000, 7/1/2000 – 6/2001.

Publications

1. Donlon P, Biertempfuehl H, and Willenbring M: Amoxapine and Amitriptylene in the Outpatient Treatment of Endogenous Depression. *J Clin Psychiatry* 42:11-15, 1981.
2. Willenbring M and Spensley J: The Support Group in Psychiatric Residency. *J Psychiatric Educ* 4:268-273, 1983.
3. Willenbring ML, Morley JE, Niewohner CN, Carlson CH, Heilman RO, and Shafer RB: Adrenocortical Hyperactivity in Alcoholism: Prevalence, Course and Associated Factors. *Psychoneuroendocrinology* 9:415-422, 1984.
4. Morley JE, Levine AS, and Willenbring ML: Neuropharmacology of Stress Induced Feeding Disorders. *Clinical Neuropharm* 7:702-703, 1984.
5. McShane D and Willenbring ML: Cerebral Asymmetries: Relationship to Drinking History among Four Ethnic Groups. *J Nerv Ment Dis* 172:529-534, 1984.
6. Willenbring ML, Morley JE and Levine A: Stress-induced Eating and Food Preference in Humans. *Int J Eating Dis* 5:855-864, 1986.
7. Willenbring ML: Measurement of Depression in Alcoholics. *J Stud Alc* 47:367-372, 1986.
8. Willenbring ML, Christensen K, Spring Wm, and Rasmussen R: Screening for Alcoholism in the Elderly. *J Amer Geriatric Soc* 35:864-869, 1987.
9. Willenbring ML and Spring WD: Evaluating Alcohol Use in Elders. *Generations* 12:27-31, 1988.
10. Willenbring ML, "Organic Mental Disorders Associated with Heavy Drinking and Alcoholism" *Clinics in Geriatric Medicine* 4:869-887, 1988.
11. Willenbring ML, Morley JE, Krahn DD, Carlson, GA, Levine AH, and Shafer RB: Psychoneuroendocrine Effects of Methadone Maintenance. *Psychoneuroendocrinology* 14:371-391, 1989.
12. Dorus W, Ostrow DG, Anton R, Cushman P, Collins JF, Schaefer M, Charles HL, Desai P, Fiscella RA, Hayashida M, Malkernek U, Willenbring M: Evaluation of Lithium Carbonate Treatment of Depressed and Nondepressed Male Alcoholics: A Double-Blind, Placebo-Controlled Study. *JAMA* 262:1646-1652, 1989
13. Willenbring ML, Anton RF, Spring WD Jr, Shafer RB, and Dorus W: Thyrotropin and Prolactin Response to Thyrotropin-Releasing-Hormone in Depressed and Non-depressed Alcoholic Men. *Biological Psychiatry* 27:31-38, 1990.

14. Willenbring ML, Whelan JA, Dahlquist JS, O'Neal MW: Community Treatment of the Chronic Public Inebriate. I. Implementation. *Alcoholism Treatment Quarterly* 7(1):79-98, 1990.
15. Joseph AM, Nichol KL, Willenbring ML, Lysaght LS: Beneficial Effects of an Intervention for Nicotine Dependence During Inpatient Substance Abuse Treatment. *JAMA* 263:3043-6, 1990.
16. Ridgely SM, Goldman HH, Willenbring ML: Barriers to the Care of the Dually-Diagnosed: Organizational and Financing Issues. *Schizophrenia Bulletin* 16:123-132, 1990.
17. Willenbring ML, Olson DH, Lathrop LA, Miller MA, Lynch JW, Sonnier E, Bielinski J, Weigenant J: Early Intervention for Hazardous Drinking in the Primary Medical Setting: Teaching Patients, Students, and Colleagues. *Substance Abuse* 11:111-118, 1990.
18. Willenbring ML, Ridgely MS, Stinchfield R, Rose M: Application of Case Management in Alcohol and Drug Dependence: Matching Treatments and Populations. National Institute on Alcohol Abuse and Alcoholism, DHHS Pub. No. (ADM)91-1766 , Washington, DC: Supt. of Docs., U.S. Govt. Print. Off., 1991.
19. Willenbring ML: Implementing a Peer Assistance Program for Impaired Medical Students. *Substance Abuse* 12:203-209, 1991.
20. Willenbring ML: Controlling Assets to Manage Chemical Dependency. *J of the Minnesota Association of Guardianship and Conservatorship*. 3:4-5, 1991.
21. Spring WD, Willenbring ML, Kohlbeck PA: Sexual dysfunction in methadone maintenance. *International Journal of Addictions* 27:1325-1334, 1992.
22. Willenbring ML, Johnson SB, and Tan E: Characteristics of Male Medical Patients Referred for Alcoholism Treatment. *J Substance Abuse Treatment* 11:259-265, 1994.
23. Willenbring ML, Bielinski JB: A Comparison of the Alcohol Dependence Scale and Clinical Diagnosis of Alcohol Dependence in Male Medical Outpatients. *Alcoholism: Clin Exp Res* 18:715-719, 1994.
24. Spicer P, Willenbring ML, Miller F, Raymond E: Ethnographic Evaluation and the Experience of Asset Management for Homeless Public Inebriates. *Practicing Anthropology* 16:23-26, 1994.
26. Willenbring ML: Case Management Applications in Substance Use Disorders. *J Case Management* 3: 150-157, 1995.

27. Willenbring ML, Olson DH, Bielski JB: Integrated Outpatient Treatment for Medically Ill Alcoholic Men: Results from a Quasi-experimental Study. *J Stud Alc* 56:337-343, 1995.
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8. Willenbring ML. Assessment and Management of Substance Use Disorders in Patients with Hepatitis C. GRECC Satellite Teleconference, August, 2003.
9. Willenbring ML. Care Management for Chronic Addictive Disorders, part of the “Innovative Mental Health Case Management Models” VHA Satellite Teleconference, September, 2003.
10. Willenbring ML. Multiple segments in HBO documentary, “Addiction”, 2007.

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33. Willenbring ML: Treatment of the elderly alcoholic, RMEC-sponsored workshop, San Mateo, CA, 1992.
34. Willenbring ML: Treating the impossible: Strategies in late-stage dependence. Minnesota Fall CD Conference, Minneapolis, October, 1992.
35. Willenbring ML: Conceptualizing, implementing, and evaluating treatments for special populations. Minnesota Fall CD Conference, Minneapolis, October, 1992.
36. Willenbring ML: The Minneapolis VAMC program for early intervention in the medical setting. American Society of Addiction Medicine Annual Meeting, Los Angeles, CA, April, 1993.
37. Willenbring ML: Ethics and Drug Policy. Drug Policy Foundation Annual Scientific Meeting, Washington, D.C., November, 1994.
38. Willenbring ML: Commitment of elderly alcoholics: Ethics and outcomes. Gerontological Society of America Annual Meeting, Atlanta, GA, November, 1994.
39. Willenbring ML: The future of addictions treatment. Independent Outpatient Treatment Association of Minnesota, Annual Meeting, 1995.

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61. Willenbring ML. Integrating Care for Patients with HCV and Co-Morbidities: Conceptual Issues. Invited Presentation, NIDA Conference on Integrated Care Models for Patients with Hepatitis C and Drug Abuse, October, 2003, Washington, DC.
62. Willenbring ML. Integrating Care for Patients with Complex Problems, Invited Presentation, NIMH meeting on Integrating Care for Patients with HIV/HCV Co-Infections, November, 2003, Washington, DC.
63. Willenbring ML, Kivlahan D, Finney J, Hagedorn H, Kenny M, Postier A. Beliefs About Evidence-Based Practices In Addiction Treatment. VHA Health Services Research & Development Annual Scientific Meeting, Washington, DC, 2004.
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Willenbring ML. Substance Matters: Science and Addiction blog.
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Willenbring ML, and Holtzman JD: Follow-up of Volunteers 1 Year after a Study Requiring Alcohol Use. *Am J Psychiatry* 144:825, 1987.

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Willenbring ML: Depression and Alcoholism, a lethal mix. (Editorial) *Medical Journal of Allina* 5:19-20, 1996.

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Willenbring ML: Abstinence Won't Work (letter). *New York Times*, August 20, 1998.

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Olson DH, Willenbring ML: Treating Medically Ill Heavy Drinkers in the Primary Care Setting, *Medicine and Behavior* 2(1):1-6, 1999

Willenbring ML: Mental Illness is Always Serious (letter). *New York Times*, December 16, 1999.

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Willenbring ML: New Guideline for the Management of Substance-Use Disorders Nearing Completion. *Psychiatric Times* 18:16-17, 2001

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Aslam Z, Willenbring ML: The Effectiveness of Addiction Treatment. *MetroDoctors: Newsletter of the Hennepin and Ramsey County Medical Associations*, pp. 19-20, May/June, 2002.

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Willenbring ML: Re: Special Treatment. A letter in response to Amanda Fortini's article (December 1, 2008). *The New Yorker* Jan 26, 2009.

Willenbring ML: A New View of Alcoholism, The New York Times' Consults blog, May 4, 2009

Willenbring ML: Are Americans 'Nutty' About Drinking? The New York Times' Consults blog, May 7, 2009

Willenbring ML: Can a Few Drinks a Day Lead to Alcoholism? The New York Times' Consults blog, May 13, 2009

Willenbring ML: Should Doctors 'Prescribe' a Drink a Day?, The New York Times' Consults Blog, Feb 18, 2010

Featured in Jane Brody's column on Effective Addiction Treatment, New York Times, 2/04/2013

Willenbring ML: Diversion of Methadone Is a Misguided Effort, Duluth News-Tribune, Duluth, MN, 3/31/2013

Other Media Activities

2012 Appearance on HuffPost Live on medication treatment of addiction

2011 - Twitter feed: @AddictionDrW

2009 - Blog: Substance Matters (www.mattsub.blogspot.com)

2004-09 Multiple media interviews (average=2-6 per month) on various topics related to alcohol research and alcohol use disorders. Media include print, radio, television, cable TV, internet, newsletters, etc. National media outlets include *The Wall Street Journal*, *New York Times*, *Washington Post*, *Newsweek*, *Boston Globe*, *Los Angeles Times*, *CNN*, *Fox News* and *NPR*. Interviews include on-air radio and television on Anderson

- Cooper 360, Lou Dobbs, Larry King Live, CBS Early Morning, and Fox Weekend Live.
- 2007 Extensive interviews and media activities related to HBO document on addiction, including an extended interview, available on-line at www.HBO.com
- 2005 AMA Media Briefing on Alcohol Dependence, New York City, NY
- 2005 Radio Media Tour following AMA Media Briefing, New York City, NY

Reviewing and Editorial Activities

Journal Reviewing:

JAMA
 Medical Care
 Journal of Studies on Alcohol
 Psychiatric Services
 Addiction
 Psychosomatics
 American Journal of Psychiatry
 Drug and Alcohol Dependence

Grant Review Organizations:

Health Services Research Special Review Group, Department of Veterans Affairs, 2005
 NIDA/VA Review Committee and Data Safety Monitoring Board for Interagency Cooperative Studies, 1999- 2004
 Special Review Group for Managed Care and Alcoholism RFA, National Institute on Alcohol Abuse and Alcoholism, 1996
 Chair, Special Review Group for “Cooperative Agreements for CMHS/CSAT Collaborative Demonstration Program for Dual Diagnosis Homeless Individuals”, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, Rockville, MD, September, 1993
 VA Merit Review Grant Program (Ad Hoc)
 A Health Services R & D Cooperative Studies Program (Ad Hoc)

Consultation

- 2013 Consultant to North Memorial Medical Center, Minnesota, on management of patients with complex disorders involving substance use
- 2013 Member, Advisory Council on Functional Integration of NIAAA and NIDA
- 2013 - Member, Advisory Board to the National SBIRT ATTC, based in the Institute for Research, Education, and Training in Addictions (IRETA), Pittsburg, PA

2010- Health Services Advisory Council, Department of Human Services, State of Minnesota

2010 Consultant to Singapore National Institute of Mental Health

2009- 13 Consultant to National Institute on Alcohol Abuse and Alcoholism

1996 - Forensic psychiatry consultation services (private practice)

2007 - 09 Private practice, general and addiction psychiatry, Ross Center, Washington, DC

2004 Consultation to North Chicago VA Medical Center concerning implementing of full continuum of care for addictive disorder

2002- 04 Member, Blue Cross Minnesota Behavioral Health Policy Review Committee

2001 Consultant to RAND Corporation concerning best practices for treating coexisting mental and addictive disorders.

1996- 04 Examiner, Hennepin County District Court, Minneapolis, MN

1999 Consultant to Hennepin County Attorney's Office regarding development of proposed legislation for the repeat DWI offender

1998 Minnesota State Bar Association Task Force to develop expanded Lawyers Assistance Program

1998 Consultant to Southeast Human Service Center, Fargo, ND, on integrating substance abuse treatment and mental health treatment

1996-7 Consultant to Hennepin County Medical Center on development of addiction services in primary care settings

1997-9 Consultant to Essex Corporation on a Phase II NIDA-sponsored SBIR grant developing technology transfer of treatment technologies through the use of computers

1996 Member, Geriatrics Clinical Action Group, Allina (a large Minnesota HMO)

1995-6 Consultant to Essex Corporation on a Phase I NIDA-sponsored small business grant developing technology transfer of treatment technologies through the use of computers

1995 Planning Group, Dual Diagnosis in Homeless Populations Training Program, National Institute on Alcohol Abuse and Alcoholism

1995 Consultant to the Minnesota Supreme Court concerning ethical aspects of civil commitment for mental illness

1993 Subcommittee for planning detoxification services, City of Minneapolis and County of Hennepin

1993 Non-federal consensus panel developing protocol for treatment of narcotics dependence, Substance Abuse and Mental Health Services Administration

1992 Technical Review Panel on Case Management, National Institute on Drug Abuse

1991 Trainer in Case Management for new demonstration projects for National Institute on Alcohol Abuse and Alcoholism

- 1990 Trainer for Technical Assistance Workshops, sponsored by National Institute on Alcohol Abuse and Alcoholism for Prospective Applicants for Homeless Demonstration Projects
- 1989 Expert Panel for Planning Demonstration Projects for Homeless People with Alcohol and Drug Problems, National Institute on Alcohol Abuse and Alcoholism
- 1986-88 Hazelden Treatment Center, Center City, MN
- 1986 Adult Protection Services, MN Department of Human Services
- 1984-88 Bridgeway Treatment Center for Alcohol and Drug Problems in the Elderly

Other Community and Professional Activities

- 2012 - Member, Steering Committee, East Metro Task Force on Recovery Oriented Systems of Care, St. Paul, MN
- 2000 - Program Committee, American Academy of Addiction Psychiatry
- 2004 - 2012 Program Committee, American Society of Addiction Medicine
- 2005 - 2006 NIAAA Institutional Research Board for Intramural Research
- 2000 - 2004 Public Policy Committee, American Academy of Addiction Psychiatry
- 1997- 2004 Ethics Committee, Minnesota Psychiatric Society (Co-Chair, 2001 - 2004)
- 2000- 2001 Advisory Board, Institute on Criminal Justice, Law School, University of Minnesota
- 1999 Counselor, Minnesota Psychiatric Society
- 1999 Byrne Grant Advisory Board to MN Office of Drug Policy and Violence Prevention, charged with developing a 3-year plan for drug policy
- 1998 Ad Hoc Committee to review, select, and recommend drug and violence prevention programs to the St. Paul School District
- 1998 Citizens' Advisory Committee on Drug Abuse Prevention, St. Paul School District
- 1997- 2001 Institutional Review Board, University of Minnesota
- 1995- 1999 Steering Committee, Minnesota Drug Policy Counsel (a group promoting open dialogue about drug policy options)
- 1994 American Indian Chemical Health Task Force, Hennepin County, MN
- 1993-1999 Ethics Advisory Committee, VAMC, Minneapolis
- 1992 - 2001 State Chair, American Society of Addiction Medicine
- 1989 - 90 President, Local Chapter, National Association of VA Physicians
- 1988 Vice-President, Local Chapter, National Association of VA Physicians
- 1987 Counselor, Local Chapter, National Association of VA Physicians
- 1988 - 89 Advisory Board, Hazelden Project for Geriatric Chemical

- 1987 - 89 Faculty Co-Chair, Confidential Peer Assistance Program (a program for impaired medical students)
- 1986 - 87 Member-at-Large, Steering Committee for Impaired Physicians Programs, Minnesota Medical Association
- 1984 - 87 Consultation and Advisory Board Member, Bridgeway Treatment Center (for Alcohol and Drug Abuse in the Elderly)
- 1982 - 85 Minnesota State Task Force on Chemical Health in the Elderly
- 1982 - 92 Advisory Committee on Alcohol and Other Drug Problems, City of Minneapolis and Hennepin County Dependency Assessment